



**LETTER CIRCULAR - Institute for Education**

**Date:** 5th April 2022

**Ref:** IfE 09/2022

**From:** Joanne Grima – CEO

**To the attention of:** Heads (College Network), Heads of Schools, Assistant Heads of State and Non-State, Assistant Directors, Education Officers, Heads of Department, Teachers and Sections

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**Subject:** Emotional Literacy Conference “Feel and Achieve” 4th July 2022

**Application Link:** [Registration Form](#)

**Registration Deadline:** 29th April 2022

**Registration Fee:** Free of charge

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The Institute for Education is accepting applications submitted online for the Emotional Literacy Conference “Feel and Achieve” which will be held on the 4th July 2022.

Emotional literacy is a competence which needs to be practiced by educators. Along the years, we are becoming more aware of the importance of emotional literacy for self-care and to help our students to preserve their quality of life and to deal with their daily life challenges. Keeping this need in mind, the Institute for Education (IfE) is organizing a conference on emotional literacy with the name “Feel and Achieve”. “Feel and Achieve” is a conference that is targeted towards all educators.

The keynote speech will focus on the importance of emotional literacy in our education system. Through a series of workshops, participants can reflect on different themes, all centred around emotional literacy. Workshops will focus on the role of creativity, the role of expressive art, the role of dance and the role of mindfulness to enhance emotional literacy. There will also be a focus on how the ‘Journey Cards’ and the ‘Friendship Cards’ help in the development of emotional literacy. Dyslexia and autism will also be discussed in relation to emotional literacy. The webpage presents a list of readings which can further inform the participants about this research area. You can access [this](#) webpage for further information.



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The following programme will be followed.

08.00 – 08.30	Registration and Welcome Coffee
08.30 – 08.45	Introduction
08.45 – 09.45	Keynote Speech – The role of emotional literacy in our education system
09.45 – 10.45	Workshops session 1
10.45 – 11.15	Coffee Break
11.15 – 12.15	Workshops session 2
12.15 – 12.45	Closure Feedback and Concluding comments
12.45 – 13.30	Lunch

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### List of workshops

Workshop 1	The use of Friendship Cards for emotional literacy Mr Stephen Camilleri
Workshop 2	Dyslexia and Emotional Literacy – Turning Struggles into Challenges Dr Ruth Falzon and Ms Maud Muscat
Workshop 3	The role of creativity in emotional regulation Dr Daniel Mercieca
Workshop 4	How can art enhance emotional literacy? An experiential workshop Ms Noelle Camilleri
Workshop 5	Introduction of “On Our Journey” resource Mrs Joanna & Mr Julian Sant Fournier – Founders – Relationships Are Forever Foundation
Workshop 6	Teaching emotional recognition to students with autism Ms Claire McElhatton
Workshop 7	Mindful emotions workshop Ms Gabrielle Bartoli
Workshop 8	What is it about dance that easily prompts movement and different emotions in all of us? Mr Dorian Mallia
Workshop 9	The use of Virtual Reality (VR) for Emotional Literacy

If you are interested to attend, kindly fill in this [registration form](#) by no later than 29<sup>th</sup> April 2022. In the form, you will be indicating the workshops which you would like to attend and any dietary requirements. You will also need to confirm that you are in possession of a valid COVID vaccine certificate.

Thank you for your attention.

**Joanne Grima**  
CEO Institute for Education