



LETTER CIRCULAR - Institute for Education

Date: 11 December 2023

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From: Joanne Grima – CEO

To the attention of: Heads (College Network), Heads of Schools, Assistant Heads of State and Non-State Schools

Subject: Parental/Guardian Course – The Football Parent/Guardian – Deadline Extended

Application Link: [PSS67/01/2024](#)

Applications Deadline Extended: 12 January 2024

Fee: Home/EU/EEA Applicants: €15

Non-EU/EEA: €60

The Institute for Education is extending the applications deadline for a parental/guardian course titled: **The Football Parent/Guardian** commencing in **January 2024**

The Football Parent Course (FPC) is designed to empower parents as essential stakeholders in their child's football journey. The aim is to equip parents with the knowledge and skills needed to support their sons and daughters in the dynamic world of football. Throughout the course, expert speakers will delve into a range of crucial topics that contribute to a young footballer's development. These topics include long-term player development, handling growth spurts and injuries, addressing mental aspects of the game, parental involvement, safeguarding, media exposure, scouting, and the pursuit of success. Each of these subjects will be explored in relation to a young player's career, fostering a deeper understanding among parents.

By engaging in these discussions, parents will have the opportunity to exchange experiences with both the course facilitators and fellow parents/guardians, creating a collaborative learning community. This community shares a common goal: nurturing the growth and potential of their children in football. Parents who gain enhanced competencies become positive role models for their children and enhance the prospects of their children in realising their full potential. Moreover, this course emphasises that football is not just about the destination, but the journey itself. Parents will learn to appreciate their child's football journey and together discover how to create lasting memories and valuable life experiences.



This course also provides a unique bonding opportunity through the beautiful game of football, ensuring that parents become positive influences in their child's developmental pathway.

The course will be divided into 9 modules of 2½ hours each so that parents will have the opportunity to learn about aspects which could influence the player's development through presentations, discussions, workshops and coffee breaks so that discussions are related to the experiences of each participant. Join us in this journey of growth, learning, and shared experiences, as we champion your child's football dreams!

Thank you.

Joanne Grima
Chief Executive Officer

PSS67/01/2024 - The Football Parent/Guardian - Schedule of Sessions			
Date / Time	Module	Date / Time	Module
25/01/2024	Module 1: Child Development	28/02/2024	Module 6: Building the Player
16:00-17:15	LTPD	16:00-17:15	Physical Training
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Child Development	17:30-18:30	Load, Recovery & Overtraining
01/02/2024	Module 2: The Positive Parent	07/03/2024	Module 7: Learning & Programming
16:00-17:15	Parental expectations	16:00-17:15	Learning
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Parenting in the new world	17:30-18:30	Club Philosophy & Programming
08/02/2024	Module 3: The Player	14/03/2024	Module 8: Scouting & the Media
16:00-17:15	Nutrition	16:00-17:15	Scouting
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Physical Development & Injuries	17:30-18:30	Media effects on the Player
15/02/2024	Module 4: Player's Welfare	21/03/2024	Module 9: Winning & Development
16:00-17:15	The Player	16:00-17:15	Winning vs Development
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Safeguarding	17:30-18:30	Discussion on film: No hunger in Paradise
22/02/2024	Module 5: Player Protection		
16:00-17:15	How the Union can help		
17:15-17:30	Networking Break		
17:30-18:30	How Parents support their Athletes		
Location: Sessions will be held face-to-face at the Institute for Education, Pembroke			