



## LETTER CIRCULAR - Institute for Education

**Date:** 30 September 2025

**Ref:** IfE 89/2025

**From:** Christine Grech – Head of Admissions

**To the attention of:** Heads (College Network), Heads of Schools, Assistant Heads of State and Non-State Schools

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**Subject:** Parental/Guardian Course – The Football Parent/Guardian

**Application Link:** [PSS67/02/2025](#)

**Applications Open:** Currently Open

**Fee:** Home/EU/EEA Applicants: €15

**Applications Deadline:** 17 October 2025

Non-EU/EEA: €60

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The Institute for Education is accepting applications submitted online for a parental/guardian course titled: **The Football Parent/Guardian** commencing in **November 2025**.

Parents/guardians play a crucial role in the development of young soccer players. This course can significantly enhance their ability to support their children. By focusing on fostering holistic growth, parents/guardians can learn to prioritize life skills like teamwork, resilience, and discipline, while avoiding undue pressure that can lead to burnout or anxiety. Winning is repositioned to suit the development and the well-being of the young football player.

The course emphasizes the importance of clear communication and alignment with coaches to create a cohesive developmental environment, clarifying the supportive role of parents versus the technical role of coaches. It also addresses positive sideline behaviour, teaching parents to model sportsmanship, manage emotions, and promote respect for referees and opponents, thereby reducing conflicts. By understanding the stages of long-term athlete development and the value of multi-sport participation, parents can encourage well-rounded growth and injury prevention.

The course also tackles challenges such as balancing sports and academics, guiding children through disappointments, and recognizing signs of burnout or overtraining, empowering parents to advocate for their children's well-being. Other important topics include how these young players learn, how the player functions within today's media and the concerns of scouting. Finally, by promoting fair play, inclusivity, and community building, this course helps parents cultivate a positive soccer culture that benefits not only their own children but the entire soccer community.

## Structure of the course

The course will be held over 9 sessions of 2½ hours each, with two sessions of 75 minutes. A small networking break will separate the sessions. The course will have a duration of 22½ hours. It does not have any formal assessments but is aimed to develop and refine parenting skills that are required in football.

A certificate of attendance will be awarded at the end of the course.

PSS67/02/2025 - The Football Parent/Guardian - Schedule of Sessions			
Date / Time	Session	Date / Time	Session
<b>04/11/2025</b>	<b>Session 1: Child Development</b>	<b>16/12/2025</b>	<b>Session 6: Player Protection</b>
16:00-17:15	LTPD - Long Term Player Development	16:00-17:15	How the Union can help
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Child Development	17:30-18:30	Meeting a coach
<b>11/11/2025</b>	<b>Session 2: The Positive Parent</b>	<b>06/01/2026</b>	<b>Session 7: The Software</b>
16:00-17:15	Parental expectations	16:00-17:15	Psychological Development from Birth to 19yrs (Mental and Emotional)
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Parenting in the new world	17:30-18:30	Psychological Development from Birth to 19yrs (Mental and Emotional)
<b>18/11/2025</b>	<b>Session 3: The Player</b>	<b>13/01/2026</b>	<b>Session 8: Winning &amp; Development</b>
16:00-17:15	Nutrition	16:00-17:15	Winning vs Development
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Physical Development & Injuries	17:30-18:30	Discussion on film: No hunger in Paradise
<b>25/11/2025</b>	<b>Session 4: Learning &amp; Programming</b>	<b>20/01/2026</b>	<b>Session 9: Building the Player</b>
16:00-17:15	Learning	16:00-17:15	Physical Training
17:15-17:30	Networking Break	17:15-17:30	Networking Break
17:30-18:30	Club Philosophy & Programming	17:30-18:30	Load, Recovery & Overtraining
<b>09/12/2025</b>	<b>Session 5: Player's Welfare</b>		
16:00-17:15	The Player		
17:15-17:30	Networking Break		
17:30-18:30	Safeguarding		
<b>Location: Sessions will be held face-to-face at the Institute for Education, Pembroke</b>			

For more information, kindly contact us on [ife.admissions@ilearn.edu.mt](mailto:ife.admissions@ilearn.edu.mt) or 25982038.

Thank you.

**Christine Grech**

**Head of Admissions**